

Family Life Standards

Beginning in 2019, we are required to provide instruction on the detection, intervention, and treatment of human trafficking in which the victim is a child. To accomplish this, all students will view the state approved video at this link: <https://www.endslaverytn.org/online-courses/>.

5 th Grade		
Personal Hygiene		
5.DP.2 Describe the effects of puberty on hygiene practices.		
5.DP.3 Identify that additional personal hygiene is needed during puberty.		
Personal/Physical Safety		
5.S.9 Differentiate between situations which need peer support and those which need adult help.		
Grades 6-8		
Anatomy and Physiology		
Grade 6	Grade 7	Grade 8
6.HGD.1 Describe and explain the basic body systems and their functions.	7.HGD.1 Analyze and explain the impact of personal health behaviors on the functioning of the human body.	8.HGD.1 Describe how personal choice impacts bodily systems. (e.g., risky behaviors).
6.HGD.2 Summarize the human reproduction cycle.	7.HGD.2 Describe the human cycle of reproduction, birth, growth, aging, and death.	8.HGD.2 Analyze how internal and external influences affect growth and development, relationships, and sexual behavior.
Puberty and Adolescent Development		
Grade 6	Grade 7	Grade 8
6.HGD.3 Explain that puberty and physical development can vary among individuals.	7.HGD.3 Discuss how changes during puberty affect thoughts, emotions, and behaviors.	8.HGD.3 Explain how culture, media, and other factors influence perceptions about body image, gender roles, and attractiveness.
6.HGD.4 Understand the changes that occur during puberty and adolescence (e.g., growth spurts, peer influence, self-confidence, mood swings).	7.HGD.4 Describe and demonstrate understanding of the development characteristics of adolescence, including physical and emotional changes.	8.HGD.4 Identify the physical, social, and emotional changes that occur during puberty (e.g., menstrual cycle, reproductive system, conception).
6.HGD.5 Identify parents or other trusted adults to whom you can ask questions about puberty and adolescent health issues.	7.HGD.5 Differentiate between reliable and unreliable sources of information regarding human growth and development.	8.HGD.5 Demonstrate behaviors that promote healthy growth and development during puberty.
Pregnancy and Reproduction		
Grade 6	Grade 7	Grade 8
6.HGD.6 Define teen pregnancy.	7.HGD.6 Compare and contrast the effects of teen pregnancy on personal health.	8.HGD.6 Describe the social, emotional, and economic impact associated with teen parenting (e.g., perspective of the teen mother, teen father, and parents of the teens).
6.HGD.7 Identify how the media influences risk behavior related to teen pregnancy.	7.HGD.7 Describe how puberty prepares the human body to reproduce.	8.HGD.7 Explain how conception occurs, the stages of pregnancy, and the responsibilities associated with parenting.
6.HGD.8 Identify the difference between abstinence and risk behaviors and why abstinence is the responsible and preferred choice for adolescence.	7.HGD.8 Identify the positive benefits of abstinence from sexual activity outside of marriage.	8.HGD.8 Identify reasons for abstaining from sexual activity (e.g., unplanned pregnancy, infection, infertility, and lifelong illnesses).
6.HGD.9 Define sexual abstinence as it relates to pregnancy prevention.	7.HGD.9 Use effective verbal and nonverbal communication skills to convey feelings and goals regarding pregnancy.	8.HGD.9 Identify medically-accurate resources about pregnancy prevention and reproductive health care.

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Sexually Transmitted Infections / HIV		
Grade 6	Grade 7	Grade 8
6.HGD.10 Identify and define common sexually transmitted pathogens.	7.HGD.10 Describe ways diseases are spread and prevented.	8.HGD.10 Analyze ways pathogens and diseases are spread, prevented, and managed.
6.HGD.11 Compare and contrast communicable and non-communicable diseases.	7.HGD.11 Analyze the immune system in terms of the organs, functions, and their connection to HIV/STIs.	8.HGD.11 Research strategies to develop and maintain reproductive and sexual health (including HIV, HPV, and common STIs).
6.HGD.12 Define human immunodeficiency virus (HIV) and acquired immunodeficiency syndrome (AIDS).	7.HGD.12 Identify modes (age appropriate) of HIV transmission, as well as ways to prevent transmission.	8.HGD.12 Compare and contrast behaviors, including abstinence, to determine potential risk of STI/HIV transmission.
6.HGD.13 Distinguish between safe and risky behavior as related to disease prevention.	7.HGD.13 Describe situations that could lead to pressure for sexual activity and to the risk of contracting HIV and other STIs.	8.HGD.13 Describe ways people can protect themselves against serious blood borne communicable diseases.
6.HGD.14 Identify family structure, roles, and responsibilities and how they may change.	7.HGD.14 Identify how familial and personal values and beliefs affect future decisions.	8.HGD.14 Analyze how changes in family structure can impact personal decision making.
6.HGD.15 Describe healthy and respectful ways to express friendship, attraction, and affection.	7.HGD.15 Compare and contrast the characteristics of healthy and unhealthy relationships.	8.HGD.15 Analyze the similarities and difference between friendships and romantic relationships.
6.HGD.16 Identify that there are individual, family, and cultural differences in relationships.	7.HGD.16 Identify that there are individual differences in relationships, such as appearance or gender roles.	8.HGD.16 Analyze how internal and external influences affect growth and development in relationships (including abuse, neglect, dysfunction) and sexual behavior.
6.HGD.17 Analyze how messages from media influence relationships.	7.HGD.17 Identify how media influences personal values, attitudes, and beliefs of relationships.	8.HGD.17 Evaluate the influence of media on personal values, attitudes, and beliefs.
9 th Grade		
Relationships		
HS.HGD.1	Examine the aspects of positive relationships (e.g., family, dating, friendship, professional, community).	
HS.HGD.2	Determine the influence of families, media, cultural traditions, and economic factors on human development.	
Component Extension	Negotiation/collaboration skills as helpful/harmful in resolving conflict (e.g., domestic violence, healthy dating).	
Sexuality		
HS.HGD.3	Explain basic structures and functions of the reproductive system as they relate to the human life cycle (e.g., conception, birth, childhood, adolescence, adulthood).	
HS.HGD.4	Recognize abstinence from all sexual activity as a positive choice.	
HS.HGD.5	Identify preventative methods and potential outcomes of engaging in sexual behaviors (e.g., pregnancy, abstinence, adoption, Hepatitis B, STIs). Compare various contraceptive methods in accordance with state/district policy.	
HS.HGD.6	Research the skills necessary for maintaining reproductive health (e.g., self-examinations, annual doctor visits, prenatal care).	
Component Extension	Create short- and long-term life plans.	